

Station XV

# Packing List



[www.stationxv.com](http://www.stationxv.com)

# PACKING FOR TRAVEL

## On Your Person

Carry the following items on your person.

- Phone
- Passport
- Wallet
- Watch

Remove anything from your wallet that's not required for your trip. Pack two credit cards and a quantity of cash (USD/EUR + local currency).

## In Your Carry Bag

Your carry bag may be a Street Satchel or Street Pack.

Pack the following items in this bag and keep the bag with you at all times while in transit:

### Electronics and equipment

- Laptop and/or tablet
- Camera
- Satellite phone (if required)
- Satellite messenger (if required)
- Headphones
- Notebook, pen and pencil

## Essential items

- Local currency
- USD / Euro
- Collapsible water bottle
- Small flashlight or headlamp
- Glasses or contact lenses
- Protective face masks (surgical and/or N95)
- Essential medications, for example:
  - Asthma inhaler, Epi-Pen, Insulin, Nitroglycerin, anti-seizure medication

## Small electronics organiser

Pack the following into a medium Flat Organiser Pouch:

- Small power bank
- Phone power adapter and cable
- Mobile router
- Mobile router power adapter and cables

## Travel Documents

Pack the following in your Travel Folio:

- Air tickets
- Hotel reservations
- Visas and permits
- Travel insurance
- Additional passport photos

- Laminated colour copy of your passport photo page
- International Certificate of Vaccination
- Drivers license
- International Driving Permit
- Drug prescription documents
- Removable media (USB drives, SD cards)
- SIM cards
- SIM-eject tool
- Spare SD cards
- Additional of cash

Pack the Station XV Street Belt in your Street Pack so you have an additional carry option at your destination.

Place an Apple AirTag (or equivalent tracking device) inside your Street Satchel or Street Pack.

## In Your Carry-On Bag

Pack the following items in your Travel Duffel:

### Power

- Large capacity power bank
- Solar panels (if required)
- Charging cables
- Travel adapters

### Documents

Carry a spare set of travel documents in your Travel Duffel.

- Colour copy of passport photo page
- Air tickets
- Hotel reservations
- Travel insurance
- Additional cash

### Personal items

- Spare glasses or contact lenses
- Sunglasses
- Travel umbrella

### Toiletries kit

- Soap and shampoo
- Toothbrush, toothpaste, dental floss

- Deodorant
- Comb or brush

## **Maintenance kit**

- Sunscreen
- Moisturiser
- Lip balm (with SPF)
- Eye drops
- Water purification tablets
- Insect repellent
- Hand sanitiser
- Protective face masks (surgical and/or N95)
- Vitamins and supplements
- Eye mask
- Ear plugs
- Hair ties
- Nail clippers
- Toilet paper
- Body wipes
- Feminine hygiene products
- Laundry detergent
- 5m cord
- Plastic zip lock bags

## Personal first aid kit

- Different-sized plasters for small cuts
- Gauze pads (single sterile packs of different sizes)
- Crepe bandages
- Antiseptic solution
- Motion sickness tablets
  - Dimenhydrinate (Dramamine) - will cause drowsiness
  - Meclizine (Bonine) - may cause drowsiness
- Pain relief
  - Ibuprofen (Advil, Motrin)
  - Naproxen (Aleve)
  - Acetaminophen (Tylenol)
- Antihistamine tablets and cream
  - Cetirizine (Zyrtec)
  - Loratadine (Claritin)
- Loperamide (Imodium)
- Oral rehydration salts
- Antibiotics for traveller's diarrhoea (e.g., Azithromycin)
- Anti-malarial prophylaxis (if required)
- Medication for altitude sickness (if required)
- Other prescription medication

*Pack additional prescription medication in case of delays.*

## Clothing

Pack the following clothes in the main compartment of your Travel Duffel, in addition to the clothes you are wearing:

- 2 pairs of pants
- 2 long-sleeve shirts
- 2 t-shirts
- 1 pair of shorts
- 3 pairs of underwear
- 3 pairs of socks
- 1 lightweight waterproof jacket
- 1 lightweight insulated jacket
- Hat
- Gloves

We recommend using one end pocket for toiletries, maintenance and first aid items. Use the other end pocket for power adapters and cables.

Fold up the Station XV Street Tote and pack it at the bottom of the Travel Duffel. That way you'll have some additional carry options at your destination.

Place an Apple AirTag (or equivalent tracking device) inside your Travel Duffel.



# AT YOUR DESTINATION

Once you've arrived at your destination and have settled into your accommodation, you can reorganise your gear.

Your Travel Duffel will stay in your room. Pack everything you don't need to carry with you into the duffel. Lock your duffel before you leave your accommodation.

Pack any essential items you need to have with you when out and about in your Street Satchel or Street Pack.

## On Your Person

- Phone
- Passport
- Wallet, with essential cards and cash
- Watch

You can use the Street Belt to carry essentials under a shirt or jacket.

## Street Satchel / Street Pack

- Small flashlight or headlamp
- Small power bank
- Phone power adapter and cable
- Mobile router
- Camera

- Spare SD cards
- Satellite phone / messenger
- Headphones
- Notebook, pen and pencil
- Hand sanitiser
- Travel umbrella
- Water bottle
- Sunglasses

Ensure you place an Apple AirTag (or equivalent tracking device) inside your Travel Street Satchel or Street Pack.

We hope you find this packing list useful. Remember to tailor your gear to your operating environment. Take a systematic approach to packing to reduce the risk you might forget or misplace things. Travel light. Only carry what you need. In most places, you can buy essentials at your destination. Be observant. Respect local customs and people. Stay safe.